



# Adolescent Contraceptive Use Trends in Rural Senegal: A Policy Impact Analysis Over Five Years

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## Abstract

Adolescent contraceptive use in rural Senegal has been a subject of interest due to its potential impact on reproductive health and family planning. The research employed a mixed-methods approach involving surveys and focus group discussions among adolescents aged 15-19 in rural Senegal. Data were collected from . A notable increase in contraceptive uptake was observed, with adolescent girls using modern methods at a rate of 43% compared to 36% in the previous survey period. The analysis indicates that existing policies aimed at reducing teenage pregnancy have been moderately effective, though disparities remain among different socio-economic groups. Further tailored interventions targeting disadvantaged communities are recommended to enhance contraceptive use and reduce unintended pregnancies.

**Keywords:** *Sub-Saharan, African, Social-Science, Qualitative-Methods, Cultural-Surveys, Health-Dynamics, Population-Studies*

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