

# **A Data Descriptor on the Uptake and Help-Seeking Behaviour Changes from a Pidgin English Mental Health First Aid Chatbot for Lagos University Students**

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A, i, s, h, a, B, e, l, l, o, ,, C, h, u, k, w, u, m, a, N, w, a, c, h, u, k, w, u, ,, O,  
l, u, w, a, s, e, u, n, A, d, e, b, a, y, o, ,, C, h, i, n, w, e, O, k, o, n, k, w, o

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# | Abstract

This study addresses a current research gap in Computer Science concerning Developing an AI-Powered Chatbot for Mental Health First Aid in Pidgin English for University Students in Lagos, Nigeria: Uptake and Help-Seeking Behavior Changes in Nigeria. The objective is to clarify key debates, identify practical implications, and outline a focused agenda for scholarship and policy. A qualitative approach was used, drawing on recent literature and policy sources to frame the analysis. The analysis indicates persistent structural constraints alongside emerging local innovations; however, evidence remains uneven across contexts and sectors. The paper argues for context-specific approaches and stronger empirical foundations in future research. Stakeholders should prioritise inclusive, locally grounded strategies and improve data transparency. Developing an AI-Powered Chatbot for Mental Health First Aid in Pidgin English for University Students in Lagos, Nigeria: Uptake and Help-Seeking Behavior Changes, Nigeria, Africa, Computer Science, data descriptor This structured abstract provides a standardised summary to support rapid screening, indexing, and assessment of scholarly contribution.

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