

# **Analysis of Health Systems Resilience in the Face of Epidemics: Lessons from Africa in Equatorial Guinea: An African Perspective**

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# | Abstract

This study addresses a current research gap in African Studies concerning Health Systems Resilience in the Face of Epidemics: Lessons from Africa in Equatorial Guinea. The objective is to clarify key debates, identify practical implications, and outline a focused agenda for scholarship and policy. A qualitative approach was used, drawing on recent literature and policy sources to frame the analysis. The analysis indicates persistent structural constraints alongside emerging local innovations; however, evidence remains uneven across contexts and sectors. The paper argues for context-specific approaches and stronger empirical foundations in future research. Stakeholders should prioritise inclusive, locally grounded strategies and improve data transparency. Health Systems Resilience in the Face of Epidemics: Lessons from Africa, Equatorial Guinea, Africa, African Studies, comparative study This structured abstract provides a standardised summary to support rapid screening, indexing, and assessment of scholarly contribution.

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