



Analysis of Health Systems Resilience in the Face of Epidemics: Lessons from Africa in Cameroon: An African Perspective

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Abstract

This study addresses a current research gap in African Studies concerning Health Systems Resilience in the Face of Epidemics: Lessons from Africa in Cameroon. The objective is to clarify key debates, identify practical implications, and outline a focused agenda for scholarship and policy. A structured review of relevant literature was conducted, with thematic synthesis of key findings. The analysis indicates persistent structural constraints alongside emerging local innovations; however, evidence remains uneven across contexts and sectors. The paper argues for context-specific approaches and stronger empirical foundations in future research. Stakeholders should prioritise inclusive, locally grounded strategies and improve data transparency. Health Systems Resilience in the Face of Epidemics: Lessons from Africa, Cameroon, Africa, African Studies, systematic review This structured abstract provides a standardised summary to support rapid screening, indexing, and assessment of scholarly contribution.

Keywords: *Health Systems Resilience in the Face of Epidemics: Lessons from Africa, Cameroon, Africa, African Studies*

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