



Gender-Sensitive Food Aid Distribution Strategies in Sierra Leone's Post-Election Conflict Zones: Six-Month Impact on Vulnerable Populations

Gender-Sensitive Food
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Abstract

Sierra Leone's post-election conflict zones face significant food insecurity due to ongoing instability and economic challenges. The study employed a mixed-method approach combining quantitative survey data with qualitative interviews to assess changes in food security and nutrition status among women and children in targeted communities. Women reported improved access to nutritious foods after the implementation of gender-sensitive strategies, with a notable increase in consumption of fortified cereals by 20% compared to pre-intervention levels. Gender-sensitive food aid distribution has shown promise in enhancing nutrition outcomes for women and children in Sierra Leone's conflict zones, although further research is needed to evaluate long-term impacts. Continuation and expansion of gender-sensitive interventions are recommended to address persistent challenges related to food security and nutrition within vulnerable populations.

Keywords: *Geographic, Conflict Zones, Gender-Sensitive, Quantitative, Qualitative, Vulnerable Populations, Empowerment Programmes*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

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