



# Community-Based HIV Prevention Programmes in South African Rural Areas: A Mixed Methods Evaluation

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## Abstract

Community-based HIV prevention programmes in rural South Africa have been implemented to reduce transmission rates among high-risk populations. A mixed-methods study combining pre- and post-programme surveys with focus group discussions. Data was analysed using thematic analysis and statistical software. The intervention led to a significant reduction in risky sexual behaviour among participants compared to baseline data, with 40% reporting changes in their practices. Community-based HIV prevention programmes can be effective in rural settings when tailored to local needs and resources. Further research is needed to assess long-term impacts. Programmes should incorporate ongoing education on HIV/AIDS prevention and provide access to healthcare services within the communities served.

**Keywords:** *Sub-Saharan, African, Gemeint-based, HIV, epidemiology, Ethno-methodology, Indigenous Knowledge Systems*

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