



# Gender-Specific Mental Health Services Adoption Among Urban African Women Entrepreneurs in Liberia, 2006

Kaiatu Gbenou<sup>1</sup>

<sup>1</sup> Department of Epidemiology, Cuttington University

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**Correspondence:** [kgbenou@outlook.com](mailto:kgbenou@outlook.com)

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## Author notes

*Kaiatu Gbenou is affiliated with Department of Epidemiology, Cuttington University and focuses on Medicine research in Africa.*

## Abstract

Urban African women entrepreneurs in Liberia face unique challenges that affect their mental health, including high levels of stress and economic pressures. A mixed-methods approach combining survey data from 300 participants with qualitative interviews to explore perceptions and barriers related to accessing mental health services. Women entrepreneurs who identified as female (78%) were more likely to use gender-specific mental health services compared to their male counterparts, indicating a significant adoption rate of these services in the urban Liberian context. This study highlights the importance of culturally tailored mental health programmes for addressing the unique needs of women entrepreneurs in Liberia. Healthcare providers should prioritise gender-specific interventions and tailor resources to meet the specific mental health concerns of female entrepreneurs, such as stress management workshops and counseling services designed with a feminist approach. Treatment effect was estimated with  $\text{text}\{logit\}(\pi) = \beta_0 + \beta_1 p X_i$ , and uncertainty reported using confidence-interval based inference.

**Keywords:** *African Geography, Gender Studies, Entrepreneurship, Mental Health Services, Qualitative Research, Quantitative Analysis, Empowerment Strategies*

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