



# Social Support Networks as Catalysts for Quality of Life Improvements Among HIV Positive Women in Nairobi Slums: A Theoretical Framework

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## Abstract

HIV positive women in Nairobi slums face significant social challenges that can impact their quality of life. The theoretical framework provides a conceptual model that can guide future research and interventions aimed at enhancing social support networks for HIV positive women in Nairobi slums. Further studies should focus on developing targeted intervention programmes based on the identified key themes within these social support networks.

**Keywords:** *African Geography, Social Support Theory, HIV/AIDS Studies, Empowerment Models, Community Health, Qualitative Research, Intersectionality*

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