



Play Therapy Models in Early Childhood Development Interventions within Zimbabwean Public Schools: A Perspective from Kenya's Educational Context

Wambugu Kinyanjui¹, Odhiambo Muthui²

¹ Strathmore University

² Maseno University

Published: 14 December 2012 | **Received:** 15 July 2012 | **Accepted:** 11 November 2012

Correspondence: wkinyanjui@gmail.com

DOI: [10.5281/zenodo.18944178](https://doi.org/10.5281/zenodo.18944178)

Author notes

Wambugu Kinyanjui is affiliated with Strathmore University and focuses on Medicine research in Africa. Odhiambo Muthui is affiliated with Maseno University and focuses on Medicine research in Africa.

Abstract

Early childhood development interventions often utilise play therapy models to support children's cognitive, emotional, and social growth. A qualitative comparative analysis was conducted by reviewing existing literature and conducting semi-structured interviews with educators and psychologists who work with children in both countries. Play therapy models have shown a significant positive effect on reducing behavioural issues among young children, with a mean improvement rate of 20% observed across the schools studied. The findings suggest that play therapy can be effectively adapted for use within Zimbabwean public school settings to enhance early childhood development outcomes. Educators and policymakers should consider integrating play therapy into their curriculum, with a focus on training programmes for teachers in these methods. Treatment effect was estimated with $\text{text} \{ \logit \} (\pi) = \beta_0 + \beta_1 X_i$, and uncertainty reported using confidence-interval based inference.

Keywords: *African Geography, Early Childhood Development, Cognitive Stimulation, Play Therapy Models, Socio-Emotional Growth, Cultural Adaptation, Qualitative Research Methods*

ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

Email: info@parj.africa

Request your copy of the full paper today!

SUBMIT YOUR RESEARCH

Are you a researcher in Africa? We welcome your submissions!

Join our community of African scholars and share your groundbreaking work.

Submit at: app.parj.africa



Scan to visit app.parj.africa

Open Access Scholarship from PARJ

Empowering African Research | Advancing Global Knowledge