



Traditional Medicine's Role within Contemporary Healthcare Systems in Equatorial Guinea: A Mixed-Methods Study

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Abstract

Traditional medicine plays a significant role in healthcare systems across Africa, including Equatorial Guinea, where it is often integrated with modern medical practices. The research employs a mixed-methods approach combining qualitative interviews with quantitative surveys to gather data from healthcare providers, patients, and community members. Data analysis revealed that approximately 45% of surveyed individuals preferred traditional medicine for minor ailments, indicating its widespread acceptance in the region. The findings suggest a need for formal recognition and integration of traditional practices into official health policies to enhance healthcare accessibility and efficacy. Policy makers should advocate for policy reforms that support the inclusion of traditional medicine within national healthcare frameworks. Traditional Medicine, Contemporary Healthcare Systems, Equatorial Guinea, Mixed-Methods Study

Keywords: *African geography, Ethnography, Qualitative analysis, Mixed methods, Traditional medicine, Cultural anthropology, Community participation*

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