



Gender-Based Violence Prevention Programmes in Urban Cairo: A Community Engagement and Adolescent Mental Health Framework

Ahmed Elsayed^{1,2}, Hussein Abdallah³, Yasmin Fekry^{1,2}

¹ Department of Research, Academy of Scientific Research and Technology (ASRT)

² Department of Advanced Studies, Assiut University

³ Academy of Scientific Research and Technology (ASRT)

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Correspondence: aelsayed@hotmail.com

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Author notes

Ahmed Elsayed is affiliated with Department of Research, Academy of Scientific Research and Technology (ASRT) and focuses on African Studies research in Africa.

Hussein Abdallah is affiliated with Academy of Scientific Research and Technology (ASRT) and focuses on African Studies research in Africa.

Yasmin Fekry is affiliated with Department of Research, Academy of Scientific Research and Technology (ASRT) and focuses on African Studies research in Africa.

Abstract

Urban Cairo faces significant challenges related to gender-based violence (GBV), with adolescent girls particularly at risk. Community engagement and mental health interventions are crucial in addressing GBV, but existing programmes often lack a comprehensive theoretical framework. Theoretical synthesis approach will be used, drawing upon existing literature on GBV prevention, adolescent development, and community-based interventions. A robust theoretical framework will guide future research and policy development, ensuring more effective interventions against GBV among urban youth in Cairo. Develop comprehensive community engagement plans incorporating mental health support components. Evaluate these plans using mixed-methods approaches to assess effectiveness.

Keywords: Cairo, Urbanization, Community Engagement, Adolescent Health, Gender Studies, Social Intervention, Empowerment Theory

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