



Adolescent Sexual Health Education Workshops in Ghanaian Urban Settings: A Study Design for Kenya's Context

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Abstract

Adolescent sexual health education is crucial for promoting healthy behaviors in urban settings of Ghana, where socio-economic factors influence access to and uptake of such programmes. The study will employ a mixed-methods approach including pre- and post-workshop surveys, focus group discussions (FGDs), and observational assessments to evaluate knowledge gaps and outcomes among adolescents. A preliminary analysis of FGD data suggests that participants identified confidentiality as the most significant theme for future workshops in Kenya. The study design will provide a robust framework for implementing targeted sexual health education programmes tailored to Kenyan adolescent populations. Integrating community engagement and culturally sensitive materials into workshop content is recommended to enhance uptake and impact. Treatment effect was estimated with $\text{text}\{\text{logit}\}(\pi) = \beta_0 + \beta^T X_i$, and uncertainty reported using confidence-interval based inference.

Keywords: *Ghana, Urbanization, Adolescent Health, Sexual Education, Qualitative Research, Randomized Controlled Trial, Community Engagement*

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