



# A Policy Analysis for Implementing Sensory Strategies for Children with ADHD in Namibian Mainstream Primary Schools

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## Abstract

This study addresses a current research gap in Medicine concerning Implementing a sensory diet and environmental modification protocol for children with ADHD in mainstream primary schools in Windhoek, Namibia in Namibia. The objective is to clarify key debates, identify practical implications, and outline a focused agenda for scholarship and policy. A policy analysis was undertaken using national and regional policy documents relevant to the study scope. The analysis indicates persistent structural constraints alongside emerging local innovations; however, evidence remains uneven across contexts and sectors. The paper argues for context-specific approaches and stronger empirical foundations in future research. Stakeholders should prioritise inclusive, locally grounded strategies and improve data transparency. Implementing a sensory diet and environmental modification protocol for children with ADHD in mainstream primary schools in Windhoek, Namibia, Namibia, Africa, Medicine, policy analysis This structured abstract provides a standardised summary to support rapid screening, indexing, and assessment of scholarly contribution.

**Keywords:** *Policy Analysis, Attention Deficit Hyperactivity Disorder, Sensory Integration, Sub-Saharan Africa, Inclusive Education, School-based Intervention*

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