



A Policy Analysis of Household Food Waste and Food Security in Nairobi's Middle-Income Neighbourhoods, 2005

Kamau Ochieng¹, Wanjiku Mwangi^{2,3}

¹ Kenya Agricultural and Livestock Research Organization (KALRO)

² Department of Epidemiology, International Centre of Insect Physiology and Ecology (ICIPE), Nairobi

³ Department of Pediatrics, Kenya Agricultural and Livestock Research Organization (KALRO)

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Correspondence: kochieng@hotmail.com

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Author notes

Kamau Ochieng is affiliated with Kenya Agricultural and Livestock Research Organization (KALRO) and focuses on Medicine research in Africa.

Wanjiku Mwangi is affiliated with Department of Epidemiology, International Centre of Insect Physiology and Ecology (ICIPE), Nairobi and focuses on Medicine research in Africa.

Abstract

This study addresses a current research gap in Medicine concerning Association between household food waste generation and food security status in middle-income neighborhoods of Nairobi, Kenya in Kenya. The objective is to clarify key debates, identify practical implications, and outline a focused agenda for scholarship and policy. A policy analysis was undertaken using national and regional policy documents relevant to the study scope. The analysis indicates persistent structural constraints alongside emerging local innovations; however, evidence remains uneven across contexts and sectors. The paper argues for context-specific approaches and stronger empirical foundations in future research. Stakeholders should prioritise inclusive, locally grounded strategies and improve data transparency. Association between household food waste generation and food security status in middle-income neighborhoods of Nairobi, Kenya, Kenya, Africa, Medicine, policy analysis This structured abstract provides a standardised summary to support rapid screening, indexing, and assessment of scholarly contribution.

Keywords: *Food security, Household food waste, Nairobi, Policy analysis, Sub-Saharan Africa*

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