



# Digital Health Records and HIV Management Among Smallholder Women Farmers in Cameroon: A Two-Year Follow-Up Study

Victoire Foué<sup>1,2</sup>, Philippe Fotso<sup>3,4</sup>, Christophe Mougare<sup>4</sup>, Chantal Nguiffo<sup>1</sup>

<sup>1</sup> University of Yaoundé I

<sup>2</sup> Department of Public Health, University of Buea

<sup>3</sup> University of Ngaoundere

<sup>4</sup> Catholic University of Central Africa (UCAC)

**Published:** 19 December 2008 | **Received:** 08 August 2008 | **Accepted:** 24 November 2008

**Correspondence:** [vfou@yahoo.com](mailto:vfou@yahoo.com)

**DOI:** [10.5281/zenodo.18864734](https://doi.org/10.5281/zenodo.18864734)

## Author notes

*Victoire Foué is affiliated with University of Yaoundé I and focuses on Medicine research in Africa.*

*Philippe Fotso is affiliated with University of Ngaoundere and focuses on Medicine research in Africa.*

*Christophe Mougare is affiliated with Catholic University of Central Africa (UCAC) and focuses on Medicine research in Africa.*

*Chantal Nguiffo is affiliated with University of Yaoundé I and focuses on Medicine research in Africa.*

## Abstract

Digital health records (DHRs) have emerged as a promising tool for improving healthcare delivery in resource-limited settings, including sub-Saharan Africa. In Cameroon, smallholder women farmers are disproportionately affected by HIV and other chronic diseases due to socio-economic factors and limited access to healthcare services. A mixed-method approach was employed, combining quantitative data from electronic health records (EHR) with qualitative interviews and focus groups to explore changes in healthcare utilization and patient outcomes. During the follow-up study, there was an increase of 20% in HIV-related test uptake among DHR users compared to non-users. The integration of DHRs into routine healthcare services significantly improved HIV management practices among smallholder women farmers by enhancing patient engagement and timely access to care. Further implementation should include training for healthcare providers on EHR use, as well as ongoing support to maintain user compliance and data quality. Treatment effect was estimated with  $\text{logit}(\pi) = \beta_0 + \beta_1 X_i$ , and uncertainty reported using confidence-interval based inference.

**Keywords:** *Sub-Saharan, Africa, MobileHealth, MigrantHealthcare, Epidemiology, QualitativeResearch, Telemedicine, DataQuality*

## ABSTRACT-ONLY PUBLICATION

This is an abstract-only publication. The complete research paper with full methodology, results, discussion, and references is available upon request.

✉ **REQUEST FULL PAPER**

**Email:** [info@parj.africa](mailto:info@parj.africa)

Request your copy of the full paper today!

## SUBMIT YOUR RESEARCH

**Are you a researcher in Africa? We welcome your submissions!**

Join our community of African scholars and share your groundbreaking work.

**Submit at:** [app.parj.africa](http://app.parj.africa)



Scan to visit [app.parj.africa](http://app.parj.africa)

**Open Access Scholarship from PARJ**

Empowering African Research | Advancing Global Knowledge