

Enhancing Awareness Rates in Skin Cancer Prevention Among Rural Senegalese Women Through Health Education Workshops: An Action Research Study

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| Abstract

Skin cancer is a significant public health issue in rural areas of Senegal. Women are at higher risk due to cultural practices and limited awareness about prevention. The study employed participatory action research with a sample of 120 rural Senegalese women. Workshops were conducted in local languages to ensure cultural relevance and accessibility. Pre- and post-workshop surveys assessed knowledge changes. A significant increase ($p < 0.05$) was observed in participants' understanding of skin cancer risk factors, early detection signs, and sun protection methods after the workshops compared to baseline levels. The health education workshops effectively improved awareness rates in rural Senegalese women regarding skin cancer prevention strategies. Future research should expand the study to include additional communities and integrate digital platforms for sustained engagement. Policy recommendations suggest integrating preventive measures into school curricula and healthcare systems.
