



# Accessibility and Quality Evaluation of Mental Health Services in Accra's Slums: An Intervention Study

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## Abstract

Mental health services in Accra's slums are often underutilized due to limited accessibility and perceived quality. An intervention study was conducted using mixed-methods approach combining qualitative interviews ( $n=30$ )  $\wedge$  quantitative surveys ( $n=150$ ). Survey results indicated that only 28% of respondents reported easy access to mental health services, with stigma being a significant barrier. Interviews revealed common themes including fear of judgment and lack of awareness about available resources. Despite challenges, there is potential for improvement through targeted interventions aimed at reducing stigma and increasing service accessibility. Develop culturally sensitive educational programmes targeting residents in slums to reduce stigma and improve mental health literacy. Implement community-based support networks to increase visibility of services.

**Keywords:** *Sub-Saharan, Slum, Qualitative, Quantitative, Accessibility, Quality, Intervention*

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