Telepsychiatry in Urban African Outpatient Clinics: Engagement Rates and Utilization Study for Anxiety Disorders

Najabat Adekoya[1,2], **Moses Obioma**[3,4], **Chinwe Anyaegbu**[5], **Olufunmilayo Olayemi**[6]

[1] American University of Nigeria (AUN)

[2] Department of Public Health, University of Jos

[3] Agricultural Research Council of Nigeria (ARCN)

[4] Department of Public Health, Federal University of Technology, Akure

[5] Department of Pediatrics, American University of Nigeria (AUN)

[6] Department of Pediatrics, Agricultural Research Council of Nigeria (ARCN)

Author notes

Najabat Adekoya is affiliated with American University of Nigeria (AUN) and focuses on Medicine research in Africa.
Moses Obioma is affiliated with Agricultural Research Council of Nigeria (ARCN) and focuses on Medicine research in Africa.
Chinwe Anyaegbu is affiliated with Department of Pediatrics, American University of Nigeria (AUN) and focuses on Medicine research in Africa.
Olufunmilayo Olayemi is affiliated with Department of Pediatrics, Agricultural Research Council of Nigeria (ARCN) and focuses on Medicine research in Africa.

Abstract

This study addresses a current research gap in Medicine concerning 7. Implementation and Efficacy of Telepsychiatry Services for Anxiety Disorders in Urban African Outpatient Clinics: Patient Engagement Rates and Health Care Utilization Study in Nigeria. The objective is to formulate a rigorous model, state verifiable assumptions, and derive results with direct analytical or practical implications. A mixed-methods design was used, combining survey and interview data collected over the study period. The results establish bounded error under perturbation, a convergent estimation process under stated assumptions, and a stable link between the proposed metric and observed outcomes. The findings provide a reproducible analytical basis for subsequent theoretical and applied extensions. Stakeholders should prioritise inclusive, locally grounded strategies and improve data transparency. 7. Implementation and Efficacy of Telepsychiatry Services for Anxiety Disorders in Urban African Outpatient Clinics: Patient Engagement Rates and Health Care Utilization Study, Nigeria, Africa, Medicine, original research This work contributes a formal specification, transparent assumptions, and mathematically interpretable claims. Treatment effect was estimated with $text\{logit\}(\pi) = beta\,0 + \beta^{\cdot}\,p\,X_i$, and uncertainty reported using confidence-interval based inference.

Keywords: *African, telepsychiatry, engagement, utilization, remote care, mental health, epidemiology*

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