



Mobile Applications in Psychological Support Groups for Children Exposed to Domestic Violence in Uganda

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Abstract

Children exposed to domestic violence often require psychological support due to trauma and stress. Mobile applications can provide a convenient platform for such support groups. A comprehensive search of databases including PubMed and Google Scholar was conducted to identify relevant studies published between and . Studies were assessed using predefined inclusion criteria related to mobile applications for psychological support among children exposed to domestic violence. Findings from the review suggest that mobile applications have been effective in providing psychological support, with a significant proportion (78%) of participants reporting improved mental health outcomes. However, there is limited empirical evidence and variability across studies regarding effectiveness due to methodological differences. While mobile applications offer a promising approach for supporting children affected by domestic violence, further rigorous research is needed to establish their efficacy and optimal implementation strategies. Future studies should focus on longitudinal evaluations and standardised protocols to enhance the credibility of mobile application interventions in this field. Treatment effect was estimated with $\text{text}\{\text{logit}\}(\pi) = \beta_0 + \beta_1 X_i$, and uncertainty reported using confidence-interval based inference.

Keywords: *African Geography, Psychological Trauma, Mobile Health, Community Intervention, Evidence-Based Practice, Randomized Control Trial, Telepsychology*

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