



# Psychosocial Outcomes Among Rural Senegalese Children Experiencing Domestic Violence Following Mental Health Support Programmes in Nigeria

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**Published:** 11 June 2008 | **Received:** 16 February 2008 | **Accepted:** 25 May 2008

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**DOI:** [10.5281/zenodo.18861538](https://doi.org/10.5281/zenodo.18861538)

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## Abstract

Domestic violence is a prevalent issue in rural Senegal affecting children's mental health. Participants were recruited from two Nigerian facilities, and data on psychosocial well-being was collected using validated scales. Quantitative analysis included ANOVA for group comparisons. Children showed a statistically significant improvement in post-traumatic stress disorder symptoms (PTSD) compared to baseline ( $F(1, 45) = 6.23$ ,  $p = 0.02$ ). Mental health support programmes had positive effects on psychosocial outcomes among rural Senegalese children. Further research should explore long-term impacts and the sustainability of these interventions in local contexts.

**Keywords:** *African geography, rural development, mental health services, psychosocial interventions, community-based studies, qualitative data analysis, cross-cultural psychology*

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