



# A Mixed-Methods Study of Medicine Policy in São Tomé and Príncipe: An East African Critical Review

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## Abstract

This study addresses a current research gap in Medicine concerning A Critical Review of Medicine Policy in East Africa in São Tomé and Príncipe. The objective is to clarify key debates, identify practical implications, and outline a focused agenda for scholarship and policy. A mixed-methods design was used, combining survey and interview data collected over the study period. The analysis indicates persistent structural constraints alongside emerging local innovations; however, evidence remains uneven across contexts and sectors. The paper argues for context-specific approaches and stronger empirical foundations in future research. Stakeholders should prioritise inclusive, locally grounded strategies and improve data transparency. A Critical Review of Medicine Policy in East Africa, São Tomé and Príncipe, Africa, Medicine, mixed methods study This structured abstract provides a standardised summary to support rapid screening, indexing, and assessment of scholarly contribution.

**Keywords:** *Mixed methods, Health policy, Sub-Saharan Africa, Critical review, Pharmaceutical policy, Policy analysis, Qualitative research*



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