



An Action Research Study: Co-constructing Equatorial Guinean Youth Perspectives on Future Medical Practice and Policy

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Abstract

This study addresses a current research gap in Medicine concerning Youth Perspectives on Medicine Futures in Africa in Equatorial Guinea. The objective is to clarify key debates, identify practical implications, and outline a focused agenda for scholarship and policy. A qualitative approach was used, drawing on recent literature and policy sources to frame the analysis. The analysis indicates persistent structural constraints alongside emerging local innovations; however, evidence remains uneven across contexts and sectors. The paper argues for context-specific approaches and stronger empirical foundations in future research. Stakeholders should prioritise inclusive, locally grounded strategies and improve data transparency. Youth Perspectives on Medicine Futures in Africa, Equatorial Guinea, Africa, Medicine, action research This structured abstract provides a standardised summary to support rapid screening, indexing, and assessment of scholarly contribution.

Keywords: *action research, youth perspectives, medical futures, Sub-Saharan Africa, co-construction, health policy*

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