



Sustainable Development and Maternal Healthcare in Zambia: An Analysis of Progress and Challenges

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Abstract

This study addresses a current research gap in Medicine concerning Sustainable Development and Medicine in Africa in Zambia. The objective is to clarify key debates, identify practical implications, and outline a focused agenda for scholarship and policy. A mixed-methods design was used, combining survey and interview data collected over the study period. The analysis indicates persistent structural constraints alongside emerging local innovations; however, evidence remains uneven across contexts and sectors. The paper argues for context-specific approaches and stronger empirical foundations in future research. Stakeholders should prioritise inclusive, locally grounded strategies and improve data transparency. Sustainable Development and Medicine in Africa, Zambia, Africa, Medicine, original research This structured abstract provides a standardised summary to support rapid screening, indexing, and assessment of scholarly contribution.

Keywords: *maternal health, sustainable development goals, sub-Saharan Africa, health systems strengthening, implementation research, antenatal care, healthcare access*



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