



# Impact of School-Based Sexual Abuse Intervention Programmes on Adolescent Behaviors and Attitudes in Kenya: A Sociocultural Perspective

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## Abstract

Adolescent sexual abuse is a significant public health issue in Kenya, affecting behaviors and attitudes crucial for societal development. A mixed-methods approach combining pre- and post-intervention surveys with qualitative interviews among adolescents in selected schools across Kenya. Post-intervention, a statistically significant reduction ( $p < 0.05$ ) was observed in adolescent perceptions of sexually abusive behaviour (72% vs. 60%) compared to baseline studies. School-based sexual abuse intervention programmes have a positive impact on adolescents' attitudes towards sexual abuse prevention. Expand programme implementation and integrate community engagement for sustained behavioural change.

**Keywords:** *Kenya, Sexual Abuse, Adolescent Behaviour, Attitude Change, Intervention Programmes, School-Based, Sociocultural Perspectives*

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