



A Case Study on the Retention of Daily Living Skills Following a Structured Training Programme for Adults with Moderate Intellectual Disabilities in Dakar, Senegal

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Abstract

This study addresses a current research gap in Medicine concerning Analyzing the retention of daily living skills six months after a structured training program for adults with moderate intellectual disabilities in Dakar in Senegal. The objective is to clarify key debates, identify practical implications, and outline a focused agenda for scholarship and policy. A qualitative approach was used, drawing on recent literature and policy sources to frame the analysis. The analysis indicates persistent structural constraints alongside emerging local innovations; however, evidence remains uneven across contexts and sectors. The paper argues for context-specific approaches and stronger empirical foundations in future research. Stakeholders should prioritise inclusive, locally grounded strategies and improve data transparency. Analyzing the retention of daily living skills six months after a structured training program for adults with moderate intellectual disabilities in Dakar, Senegal, Africa, Medicine, case study This structured abstract provides a standardised summary to support rapid screening, indexing, and assessment of scholarly contribution.

Keywords: *Intellectual disability, Daily living skills, Skills retention, Sub-Saharan Africa, Structured training programme, Case study, Neurodevelopmental disorders*

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