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# **A Systematic Review of Aquatic versus Land-Based Therapy for Motor and Cognitive Outcomes in Children with Spastic Diplegia: An African Contextual Analysis, 2007**

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A, m, i, r, a, E, l, -, S, a, y, e, d, ,, N, a, d, i, a, A, b, d, e, l, -, M, a, l, e, k, ,, K,  
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# | Abstract

This study addresses a current research gap in Medicine concerning Comparing the motor and cognitive outcomes of an aquatic therapy program versus land-based therapy for children with spastic diplegia in Nairobi in Egypt. The objective is to clarify key debates, identify practical implications, and outline a focused agenda for scholarship and policy. A structured review of relevant literature was conducted, with thematic synthesis of key findings. The analysis indicates persistent structural constraints alongside emerging local innovations; however, evidence remains uneven across contexts and sectors. The paper argues for context-specific approaches and stronger empirical foundations in future research. Stakeholders should prioritise inclusive, locally grounded strategies and improve data transparency. Comparing the motor and cognitive outcomes of an aquatic therapy program versus land-based therapy for children with spastic diplegia in Nairobi, Egypt, Africa, Medicine, systematic review This structured abstract provides a standardised summary to support rapid screening, indexing, and assessment of scholarly contribution.

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