



# Traditional Medicine in Contemporary Nigerian Healthcare Systems: An Analytical Framework

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## Abstract

Traditional medicine has been a significant component of healthcare in Nigeria for centuries, blending with modern health systems to form a unique healthcare landscape. The study employed a qualitative approach, reviewing existing literature on traditional medicine in Nigeria alongside interviews with healthcare practitioners and policymakers. A key finding is the significant proportion (35%) of Nigerians who use both traditional and modern medical services for various health issues, highlighting the interdependence between these systems. The integration of traditional medicine into contemporary Nigerian healthcare systems presents a unique model that can be replicated in other African countries seeking to enhance accessibility and affordability of care. Policymakers should consider integrating traditional medicine into national health policies, fostering collaboration rather than competition between the two sectors.

**Keywords:** *African geography, Traditional healing systems, Anthropology, Ethnobotany, Cultural studies, Qualitative methodology, Heritage medicine*

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