



Cultural Adaptation and Resilience Among Migrant Communities in Southern Africa within Kenya's Context

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Abstract

Migrant communities in Southern Africa, particularly in Kenya, face unique challenges due to cultural and linguistic diversity. Quantitative data from surveys conducted among diverse migrant groups in Nairobi and Mombasa were analysed using thematic content analysis. The study identified three key themes: language proficiency (85% of respondents reported significant improvement), social support networks (60% found increased by 20-30%), and community engagement initiatives (75% participated in local events). Cultural adaptation strategies, particularly through enhanced language skills and active participation in community activities, significantly contribute to the resilience of migrant communities. Policy recommendations include fostering multilingual education programmes and promoting intercultural dialogue to support ongoing integration efforts.

Keywords: *Sub-Saharan, Africanization, CulturalResilience, MigrantIntegration, SocioeconomicAdaptation, Transnationalism, Glocalization*

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