

Analysis of Challenges and Opportunities for Medicine in Post-Conflict African States in São Tomé and Príncipe: An African Perspective

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| Abstract

This study addresses a current research gap in Medicine concerning Challenges and Opportunities for Medicine in Post-Conflict African States in São Tomé and Príncipe. The objective is to clarify key debates, identify practical implications, and outline a focused agenda for scholarship and policy. A structured review of relevant literature was conducted, with thematic synthesis of key findings. The analysis indicates persistent structural constraints alongside emerging local innovations; however, evidence remains uneven across contexts and sectors. The paper argues for context-specific approaches and stronger empirical foundations in future research. Stakeholders should prioritise inclusive, locally grounded strategies and improve data transparency. Challenges and Opportunities for Medicine in Post-Conflict African States, São Tomé and Príncipe, Africa, Medicine, meta analysis This structured abstract provides a standardised summary to support rapid screening, indexing, and assessment of scholarly contribution.
