



Community Gardens and Food Security in Rural Tanzanian Maize Farmers: A Three-Year Production Impact Study,

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Abstract

Community gardens have emerged as a potential solution to enhance food security among rural maize farmers in Tanzania. A mixed-methods approach was employed, including surveys and observational studies conducted over a period spanning -. Community gardens led to an average increase of 15% in maize yield per hectare compared to traditional farming practices. The study concludes that community garden interventions significantly improve food security among rural Tanzanian farmers, particularly in small-scale agricultural settings. Farmers and policymakers should prioritise the expansion of community gardens as a sustainable strategy for enhancing food security in rural areas. Community Gardens, Food Security, Maize Farmers, Rural Tanzania

Keywords: *Tanzania, Maize Farmers, Community Gardens, Food Security, Rural Development, Participatory Methods, Agricultural Practices*

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