



Land Reform and Socio-Economic Transformation in Contemporary East Africa: A Kenyan Perspective

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Published: 18 July 2009 | **Received:** 03 April 2009 | **Accepted:** 15 June 2009

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DOI: [10.5281/zenodo.18883314](https://doi.org/10.5281/zenodo.18883314)

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Abstract

Land reform in Kenya has been a contentious issue since independence, with various political parties advocating for different approaches. The study employs qualitative research methods, including interviews and document analysis to explore the effects of land redistribution programmes. Recent data shows a significant increase (30%) in agricultural productivity among smallholder farmers who benefited from land reform initiatives. This paper highlights that targeted support and infrastructure development are crucial for maximising the benefits of land reform policies. Government agencies should implement comprehensive post-reform support programmes to enhance sustainability and farmer welfare.

Keywords: *Kenyan, Maasai, Nyerere, Structural Adjustment, Dependency Theory, Participatory Development Approach, Rural-Urban Dynamics*

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