



Health Systems Resilience Dynamics in Epidemic Management: Insights from Zimbabwe's African Context

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Abstract

Health systems resilience is crucial for effective epidemic management in diverse contexts, including those with limited resources like Zimbabwe. Qualitative analysis of existing literature and case studies focusing on Zimbabwe's health responses to past epidemics. This study underscores the importance of localized resilience strategies in enhancing epidemic preparedness and response globally. Investment in community-based healthcare networks and continuous capacity-building for health workers are recommended as key interventions.

Keywords: *African geography, resilience theory, public health systems, epidemic dynamics, contextual analysis, resource mobilization, adaptive capacity*

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