



# Traditional Medicine Policy Implementation and Community Health Outcomes in Kenyan Districts: A Two-Year Follow-Up Study

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## Abstract

Traditional medicine plays a significant role in healthcare delivery across Kenya, particularly in rural and underserved areas where access to modern medical facilities is limited. A mixed-methods approach was employed, including quantitative surveys and qualitative interviews, with a sample size representative of all administrative divisions within the study area. The analysis revealed that the introduction of traditional medicine policy led to an improvement in access to healthcare services by 35% among participants who reported using both modern and traditional health care options. While initial policy implementation showed promising results, further refinements are needed to enhance sustainability and efficacy. Enhanced training programmes for traditional healers and integration of traditional medicine into the national health insurance scheme should be prioritised.

**Keywords:** *Kenyan, Traditional Medicine, Anthropology, Community Health, Policy Analysis, Ethnography, Public Health*

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