



Climate Change and Human Security in the Sahel of Kenya: A Theoretical Framework

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Abstract

The Sahel region of Kenya is characterized by its arid climate and frequent droughts, posing significant challenges to human security. A qualitative research approach will be employed to analyse existing literature on climate change impacts and human security in the region. This theoretical framework highlights the multifaceted challenges faced by Sahelian communities due to climate change and underscores the need for integrated adaptation strategies. Governments and international organizations should prioritise investments in resilient agricultural practices, early warning systems, and community-based disaster risk reduction initiatives.

Keywords: *African Geography, Sahel, Climate Change, Human Security, Environmental Stresses, Social Vulnerability, Development Studies*

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