



Gender-Sensitive Drug Delivery Services in Kenyan Rural Areas: A Theoretical Framework

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Abstract

The prevalence of gender disparities in access to healthcare services remains a significant challenge in many Kenyan rural areas, particularly concerning drug delivery systems. Women often face barriers such as limited mobility and cultural norms that discourage them from accessing medical facilities. A mixed-methods approach will be employed, incorporating surveys, focus group discussions, and secondary data analysis from existing health records databases. Ethnographic observations and interviews with community leaders and healthcare providers will also be conducted. The theoretical framework developed highlights the importance of addressing gender-specific needs to improve access to essential healthcare services in Kenyan rural settings. Future research should focus on developing culturally tailored interventions that accommodate diverse user requirements. Healthcare policymakers and practitioners are encouraged to design drug delivery systems with a greater emphasis on privacy, cultural sensitivity, and community engagement. Additionally, regular monitoring of service outcomes is recommended to ensure continuous improvement.

Keywords: *African geography, gender studies, intersectionality, qualitative methods, community engagement, empowerment theory, social determinants of health*

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