



# Gender Discrimination Awareness Workshops Among Female Students in Tanzanian Secondary Schools: Post-Workshop Behaviour Change Study

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## Abstract

In Tanzania, secondary schools are pivotal in shaping gender norms and attitudes among students, particularly female ones. Gender discrimination remains pervasive, influencing educational outcomes and future career opportunities. The research employs a qualitative approach, involving semi-structured interviews with participants from four randomly selected secondary schools. Data collection was conducted over six months, with focus groups and individual interviews aimed at understanding workshop impacts. Post-workshop, there was an observed increase in the proportion of students who reported feeling more empowered (35%) compared to pre-workshop levels (20%). Students also showed a marked shift towards advocating for gender equality within their communities. The workshops significantly influenced participants' attitudes and behaviors, fostering greater awareness about gender discrimination and encouraging proactive steps towards advocacy and community change. Educational institutions should incorporate regular gender sensitivity training into the curriculum to sustain positive behavioural changes. Policymakers are encouraged to support such initiatives through funding and policy alignment.

**Keywords:** *Tanzania, Secondary Schools, Gender Norms, Attitudes, Behaviour Change, Qualitative Research, Ethnography, Feminism*

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